

A reading from the book of James 1:17-27 and Mark 7:1-8

¹⁷ Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.^[a] ¹⁸ In fulfillment of his own purpose he gave birth to us by the word of truth, so that we would become a kind of first fruits of his creatures.

Hearing and Doing the Word

¹⁹ You must understand this, my beloved brothers and sisters: let everyone be quick to listen, slow to speak, slow to anger, ²⁰ for human anger does not produce God's righteousness.^[b] ²¹ Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

²² But be doers of the word and not merely hearers who deceive themselves. ²³ For if any are hearers of the word and not doers, they are like those who look at themselves^[c] in a mirror; ²⁴ for they look at themselves and, on going away, immediately forget what they were like. ²⁵ But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

²⁶ If any think they are religious and do not bridle their tongues but deceive their hearts, their religion is worthless. ²⁷ Religion that is pure and undefiled before God the Father is this: to care for orphans and widows in their distress and to keep oneself unstained by the world.

Mark 7:1-8

The Tradition of the Elders

7 Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, ² they noticed that some of his disciples were eating with defiled hands, that is, without washing them. ³ (For the Pharisees, and all the Jews, do not eat unless they wash their hands,^[a] thus observing the tradition of the elders, ⁴ and they do not eat anything from the market unless they wash,^[b] and there are also many other

traditions that they observe: the washing of cups and pots and bronze kettles and beds.^[a] ⁵ So the Pharisees and the scribes asked him, "Why do your disciples not walk according to the tradition of the elders but eat with defiled hands?" ⁶ He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written,

'This people honors me with their lips,
but their hearts are far from me;
⁷ in vain do they worship me,
teaching human precepts as doctrines.'

⁸ "You abandon the commandment of God and hold to human tradition."

Mark 7:14-15

¹⁴ Then he called the crowd again and said to them, "Listen to me, all of you, and understand: ¹⁵ there is nothing outside a person that by going in can defile, but the things that come out are what defile."^[a]

Mark 7:21-23

²¹ For it is from within, from the human heart, that evil intentions come: sexual immorality, theft, murder, ²² adultery, avarice, wickedness, deceit, debauchery, envy, slander, pride, folly. ²³ All these evil things come from within, and they defile a person."

"The Word of God for the people of God, thanks be to God." OR "Here ends the reading."