A reading from the book of Psalm 42, and I Kings 19:1-15a

Psalm 42

Longing for God and His Help in Distress

To the leader. A Maskil of the Korahites.

- ¹ As a deer longs for flowing streams, so my soul longs for you, O God.
- ² My soul thirsts for God, for the living God.

When shall I come and behold the face of God?

³ My tears have been my food day and night,

while people say to me continually,

'Where is your God?'

⁴These things I remember, as I pour out my soul:

how I went with the throng,

and led them in procession to the house of God,

with glad shouts and songs of thanksgiving,

a multitude keeping festival.

⁵ Why are you cast down, O my soul, and why are you disquieted within me?

Hope in God; for I shall again praise him, my help ⁶ and my God.

My soul is cast down within me;

therefore I remember you

from the land of Jordan and of Hermon,

from Mount Mizar.

⁷ Deep calls to deep

at the thunder of your cataracts;

all your waves and your billows

have gone over me.

⁸ By day the LORD commands his steadfast love,

and at night his song is with me, a prayer to the God of my life.

9 I say to God, my rock,

'Why have you forgotten me?

Why must I walk about mournfully because the enemy oppresses me?'

10 As with a deadly wound in my body, my adversaries taunt me,

while they say to me continually,

'Where is your God?'

11 Why are you cast down, O my soul, and why are you disquieted within me?

Hope in God; for I shall again praise him, my help and my God.

I Kings 19:1-15a

Elijah Flees from Jezebel

19 Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. ² Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' ³ Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

⁴ But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' ⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' ⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷ The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' ⁸ He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. ⁹ At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' ¹⁰ He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

Elijah Meets God at Horeb

¹¹ He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; ¹² and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. ¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' ¹⁴ He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' ¹⁵ Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

"The Word of God for the people of God, thanks be to God."

OR "Here ends the reading."